



# Exchange Box Stories

## Nature Makes Me Feel...



The HCTF Education Environmental Exchange Box program is in full swing and participants are eager to share their experiences!

Recently a Victoria area school eagerly filled their exchange box with all sorts of goodies! The class adopted trees on the playground and then worked in teams to photograph their newly adopted trees. With pictures in hand, they returned to their classroom to create artwork of their trees, carefully drawing and painting the different roots, branches, and trunks of each. When the paintings were complete the class split into groups to create collages of the artworks to include in their exchange box with a school in Prince George!

In addition to the collages included in their exchange box, the kindergarten class from Victoria included some fantastic self-portraits made from local natural objects found nearby. They included some extras from their collections so that their Prince George buddies could either join in on creating some self-portraits of themselves or use the materials for another purpose!

If all that wasn't enough the kindergarten class got to work making a short video. Using their self-portraits as the visual the class took turns speaking in French about how spending time in nature makes them feel. Check out the video here: <https://www.youtube.com/watch?v=U6CcatqlRxE>

